

Qualification Structure

BHS Ride Safe

Learning Outcome	Assessment Criteria	Guidance on the breadth of content that may be covered during assessment	Assessment Method
1. Know the Highway Code for horse riders	1.1 Recognise common signs, signals and markings	<ul style="list-style-type: none"> • Give way • Stop • Roadworks • Roundabout • Slippery road • Crossroads 	Discussion
	1.2 Identify the rules in the Highway Code specific to horse riders	<ul style="list-style-type: none"> • Highway code rules applying to horse riders 	Discussion
	1.3 Outline recommended practices for riding horses on the road	<ul style="list-style-type: none"> • Correct PPE • Appropriate high-viz clothing • Tack checked 	Discussion
2. Know how to ride safely	2.1 Explain why it is important to check tack and equipment for safety	<ul style="list-style-type: none"> • Comfort for the horse • Stitching and buckles in good condition • Stirrup bars and stirrup irons 	Discussion
	2.2 Understand the current legislation for riding hats	Be aware of the current hat standards <ul style="list-style-type: none"> • PAS 015 (1998 or 2011) + BSI Kitemark OR Inspec IC Mark • SNELL (E2001 or E2016) + SNELL label and number 	Discussion
	2.3 Explain why it is important to wear a riding hat	<ul style="list-style-type: none"> • Correctly fitted, with all straps properly adjusted • Chin strap fastened and secure 	Discussion
	2.4 Explain the importance of wearing reflective/fluorescent equipment	<ul style="list-style-type: none"> • Reflective- reflect light source in day or fading daylight hours • Fluorescent- show up in the daylight 	Discussion
3. Be able to ride a horse in an enclosed area and out on the road	3.1 Lead a tacked up horse	Lead a horse along the road <ul style="list-style-type: none"> • Handler between the traffic and the horse • Walk on the left hand side of the road 	Observation and discussion
	3.2 Mount a horse in an enclosed area	<ul style="list-style-type: none"> • Awareness of surroundings • Position horse at mounting block • Let stirrups down • Position hands and whip • Adjust reins • Swing into saddle landing lightly 	Observation and discussion
	3.3 Ride safely in an enclosed area with other horses and riders	<ul style="list-style-type: none"> • Be aware of the rules of the school • Awareness of others 	Observation and discussion
	3.4 Maintain and control of the horse through turns and manoeuvres and when dealing with potential hazards	<ul style="list-style-type: none"> • Flared junctions • Riding a minor to major road • Riding a major to a minor road • Ride around a hazard 	Observation and discussion
	3.5 Ride safely in relation to surroundings, objects and other horses and riders	Be aware of how to pass other horses and riders whilst riding out	Observation and discussion
	3.6 Use appropriate hand signals	<ul style="list-style-type: none"> • Left hand signal • Right hand signal • Stop • Slow down 	Observation and discussion

	3.7 Perform an emergency dismount	<ul style="list-style-type: none"> • Look behind and check safe to dismount • Find a safe place • Observe all around, take both feet out of the stirrups • Cross right stirrup over in front of the saddle (on the horse's shoulder). • Transfer whip into the left hand • Place left stirrup over the seat of the saddle • Check all around for traffic and position yourself between the horse and the traffic before moving off 	Observation and discussion
	3.8 Show awareness and courtesy to others	<ul style="list-style-type: none"> • Verbally saying thank-you • Nod of head • Smile • Raising your hand 	Observation and discussion
	3.9 Apply the rules of the Highway Code	<ul style="list-style-type: none"> • Whilst riding adhere to the Highway Code 	Observation and discussion

