

## Unit Structure

### Unit 3: Stage 4 Senior Lunge

\*Where the assessment method states 'trainer endorsement', the criteria is required to be signed off prior to the assessment day. On the assessment day the candidate will be assessed in detail on one or more assessment criteria through a 'viva' process with the assessor to clarify competence.

Learning Outcome	Assessment Criteria	Guidance on the breadth of content that may be covered during assessment.	Assessment Method
<b>1. Understand how to lunge competition horses</b>	1.1 Evaluate the use of a <b>range of training aids</b> for lungeing	<b>Range</b> = 2 or more <b>Training aids</b> may include: <ul style="list-style-type: none"> <li>• Side reins (variation of positions)</li> <li>• Pessoa</li> <li>• Whittaker</li> <li>• Chambon</li> <li>• Harbridge</li> </ul>	Trainer endorsement*
	1.2 Explain the <b>use</b> of long reining	<b>Use</b> to include; <ul style="list-style-type: none"> <li>• Different types of long reining</li> <li>• Use for young horses</li> <li>• Use for experienced horses</li> <li>• Process of introducing long reining to a horse</li> </ul>	Trainer endorsement*
<b>2. Be able to lunge a competition horse to develop its way of going</b>	2.1 Maintain <b>health, safety and welfare</b> of horse, self and others at all times	<b>Health, safety and welfare</b> in relation to: <ul style="list-style-type: none"> <li>• Use of schooling area</li> <li>• Awareness of space and other users</li> <li>• Horse fitness and level of education</li> <li>• Checking tack for safety</li> <li>• Leading the horse</li> <li>• Lungeing the horse</li> <li>• Lungeing with poles</li> </ul>	Observation
	2.2 Assess and evaluate the horse's <b>way of going</b>	<b>Way of going</b> to include: <ul style="list-style-type: none"> <li>• Informed observation of the horse working in walk, trot and canter</li> <li>• Comparison of way of going on both reins</li> <li>• With and without side reins</li> </ul>	Discussion
	2.3 Demonstrate <b>techniques</b> appropriate for the horse	<b>Techniques</b> to include; <ul style="list-style-type: none"> <li>• Handling of equipment</li> <li>• Stance, authority</li> <li>• Appropriate circle size</li> <li>• Side reins attached appropriately</li> <li>• Working at relevant rhythm and tempo</li> <li>• Work over poles (as appropriate)</li> <li>• Developing balance</li> </ul>	Observation
	2.4 Utilise a range of <b>exercises</b> to improve the horse's way of going	<b>Exercises</b> may include: <ul style="list-style-type: none"> <li>• Transitions</li> <li>• Collecting and lengthening stride</li> <li>• Increasing and decreasing the size of the circle</li> <li>• Use of poles (as appropriate) to develop the way of going</li> </ul>	Observation
	2.5 Develop an effective rapport with the horse	To include: <ul style="list-style-type: none"> <li>• Manner with the horse</li> <li>• Effectiveness of aids</li> <li>• Control and influence over horse's way of going</li> <li>• Empathy with the horse's needs</li> </ul>	Observation
	2.6 Evaluate the effectiveness of the session	May include: <ul style="list-style-type: none"> <li>• Reflection on the content of session</li> <li>• Logical sequence and timing</li> </ul>	Discussion

		<ul style="list-style-type: none"> <li>• Debate of effectiveness of exercises chosen</li> <li>• Identify strategies to improve personal performance</li> <li>• Identify effective techniques used</li> </ul>	
	2.7 Develop a <b>plan</b> for progression	<b>Plan</b> to include: <ul style="list-style-type: none"> <li>• Identify areas for improvement</li> <li>• Consider progression for future sessions for the development of the horse</li> </ul>	Discussion

