

Ride Safe Specification



Ride Safe is the foundation for any horse and rider to be safe when riding out and about in all environments including on and off-road as well as warming up at competitions. The BHS Ride Safe guide provides a comprehensive understanding of how to ride safely with practical examples, tips and guidance towards the Ride Safe Award assessment; recommended for all riders aged 11 years old and over.

Learning Outcome		Assessment Criteria		Method of Assessment
1.	Know the Highway Code for horse riders	1.1	Recognise common signs, signals and markings for road users	Discussion & Q/A
		1.2	Identify the rules in the Highway Code specific to horse riders	Discussion & Q/A
		1.3	Outline recommended practices for riding and leading horses on the road	Discussion & Q/A
2.	Know how to ride out safely	2.1	Explain why it is important to check tack and equipment for safety	Discussion & Q/A
		2.2	Describe the current legislation for riding hat standards	Discussion & Q/A
		2.3	Explain why it is important to wear a riding hat	Discussion & Q/A
		2.4	State the importance of wearing reflective/fluorescent equipment	Discussion & Q/A
3.	Be able to ride a horse in an enclosed area and out on the road	3.1	Lead a horse	Observation & Discussion
		3.2	Mount a horse in an enclosed area	Observation & Discussion
		3.3	Ride safely in an enclosed area with other horses and riders	Observation & Discussion
		3.4	Maintain control of the horse through turns and manoeuvres and when dealing with other potential hazards	Observation & Discussion
		3.5	Ride safely in relation to surroundings, objects and other horses and riders	Observation & Discussion
		3.6	Use appropriate hand signals	Observation & Discussion
		3.7	Perform an emergency dismount	Observation & Discussion
		3.8	Show awareness and courtesy to others	Observation & Discussion
		3.9	Apply the rules of the Highway Code	Observation & Discussion